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Contributing author:

Chapter 8: “Nutrition Communicators Properly Reference Sources”

Chapter 22: “Write to be Read, Understood, and Remembered”

A Registered Dietitian who fights food fear, Milton Stokes connects health and nutrition professionals around the world to agriculture. Through hosting visits to organic and conventional farms, he works with farmers to tell their stories of food production. Milton’s been in food and nutrition for over 20 years as a professor, communicator, and restaurateur. Today he leads global health and nutrition outreach for Bayer Crop Science.

What is one piece of advice you would like to share with current and future nutrition communicators?

You have a voice. This book will help you hone it. Then use your voice to advocate for credible information and ask for what you want.

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